

COMMUNITY CRISIS INTERVENTION & SUPPORT SERVICES

Members of our community should never feel they must face a mental health challenge alone. We provide specialty programs to prevent mental health crises and support people through them if they happen. Our team of professionals are trained in mental health crisis management, suicide prevention, and emotional wellness. Utah residents have access to a safety net when they need it most at no cost.



IF YOU OR SOMEONE YOU CARE ABOUT IS EXPERIENCING A MENTAL HEALTH CRISIS:

Call, chat or text 988 Suicide & Crisis Lifeline

- Callers from Utah will be connected to the Utah Crisis Line
- Certified crisis workers provide free help 24/7/365
- Crisis intervention and suicide prevention
- Compassionate and non-judgmental emotional support
- Follow-up services, information, and referrals

NON-CRISIS EMOTIONAL SUPPORT FOR YOU OR SOMEONE YOU CARE ABOUT:

Utah Warm Line – 1.833.SPEAKUT or 801.587.1055 (local)

- Utah residents may call 8 am to 11 pm, 7 days a week
- Peer Support Specialists with specialized training offer support, engagement, and empower callers to make positive changes



FAST, FREE, FACE-TO-FACE CRISIS RESPONSE FOR YOU OR SOMEONE YOU CARE ABOUT:

Mobile Crisis Outreach Team (MCOT) – Call 988 or 801.587.3000 (local)

Sometimes callers to the Utah Crisis Line may benefit from in-person mental health support. MCOT services are available across the state of Utah.

- Face-to-face consultation and support to individuals, families, schools, treatment providers and first responders
- Follow-up services, including ongoing support and referrals to providers in the community
- Offering virtual visit options
- Youth and adult services teams of licensed clinicians and peer support specialists are available 24/7/365



SECURE EVALUATION & STABILIZATION FOR YOU OR SOMEONE YOU CARE ABOUT:

24/7 walk-in care is available for adults 18+ at our Crisis Care Center located at 955 West 3300 South, South Salt Lake, 84119

- Stabilization of mental health symptoms
- Recommendations for next steps and connection to ongoing support
- Crisis observation, if needed, for up to 23 hours

Call the statewide crisis line at 988 for further assistance understanding and navigating crisis care options



In partnership with:



Services provided by:



HUNTSMAN MENTAL HEALTH INSTITUTE | 801.587.3000

501 Chipeta Way, Salt Lake City, UT 84108 | uofuhealth.org/crisis