



THE UTAH

A PUBLICATION OF THE UTAH DEPARTMENT OF VETERANS AND MILITARY AFFAIRS

VETERANS VOICE

VETERANS.UTAH.GOV • NOVEMBER 2016

GOVERNOR'S MESSAGE Utah Governor Gary R Herbert

“On Veterans Day, we take time to remember the unparalleled sacrifices made by those who have taken up arms to defend our freedoms. Without them, our way of life would be nonexistent. On behalf of a grateful state, Jeanette and I express our heartfelt thanks to our veterans for the valiant service they have rendered.”

VETERANS DAY



HONORING ALL WHO SERVED

- Helpful Links pg. 2
- Outreach Calendar pg. 21

- Veterans Education Summit pg. 3
- Transportation pg. 4
- Stand Down pg. 5

- Womens Clinic pg. 6
- VA News pg. 7
- UT Veterans Homes pg. 8

- U to Honor Vets pg. 9
- Cover to Cover pg. 10
- Zions Bank pg. 11
- Womens Health pg. 12 & 13
- HAFB pg. 14
- Utah Veteran News pg. 16 & 17
- FAQ's pg. 18
- Veterans Day Events pg. 20





Outreach, Websites, Claims Assistance, Events, and Resources



UTAH DEPARTMENT OF VETERANS AND MILITARY AFFAIRS
veterans.utah.gov

Register your information with the Veterans Information System:
uvisreg.utah.gov/vtsreg/public/Register



CLAIMS ASSISTANCE CALENDAR
veterans.utah.gov/outreach-calendar

CALENDAR OF EVENTS
veterans.utah.gov/events-calendar



COORDINATION OF VETERANS SERVICES
veterans.utah.gov/coordination-of-veteran-services

Upcoming Events — veterans.utah.gov/events-calendar

NOVEMBER

Wednesday & Thursday – 2 & 3rd November • 0830 - 1630
Boots to Business Reboot
• SLCC Miller Campus 9750 s 300 w Sandy, UT

Friday – 4 November • 1730
Utah Air National Guard 70th Anniversary Gala
• The Grand America Hotel, SLC, UT

Thursday – 10 November • 1000
SLC Veterans Home Veterans Day Event
• William E Christofferson SL Veterans Home, SLC, UT

Thursday – 10 November • 1400
Southern Utah Veterans Home Veterans Day Event
• 160 N 200 E Ivins, UT

Friday – 11 November • 1100
George E Wahlen Ogden Veterans Home Veterans Day Event
• 1102 1200 W St, Ogden, UT

Friday – 11 November • 1100
Magna Veterans Day Parade
• 3100 s 8400 w, Magna, UT

Friday – 11 November • 1100
Central Utah Veterans Home Veterans Day Event
• 1551 N Main Street, Payson, UT

Friday – 11 November • 1100
Riverton Veterans Day Program
• 12830 s Redwood Road, Riverton, UT

Saturday – 12 November • 0900
Northern Utah Veterans Parade
• 32nd Street & Washington Blvd, Ogden, UT

Saturday – 12 November • 0930
3rd Annual Veterans Day 5k Fun Run
• Southern Utah Veterans Home, 160 N 200 E, Ivins, UT

Tuesday – 15 November •
Veterans Employment Fair 1100 - 1500
• South Towne Expo Cntr. Sandy, UT

Wednesday – 16 November • 1200
Saluting Our Heroes Luncheon (RSVP)
• The Grand America Hotel, SLC, UT

Please see page 20 for more Veterans Day Events.

DECEMBER

Monday – 5 December • 1900
WWI Gala Event
• Brigham City Library
29 E Forest, Brigham, UT

Wednesday – 7 December •
Payson Veterans Home Naming
• 1551 N Main Street, Payson, UT

Saturday – 10 December • 1400
Korean Ambassador Peace Medal
• Utah State Capitol, Rotunda bldg SLC, UT

JANUARY

Monday – 16 January •
Martin Luther King Day
•

VETERANS EDUCATIONAL SUMMIT 2016

by Cory Pearson

The

State of Utah Department of Veterans & Military Affairs along with the education and training partners work group planned and held the 2016 Veterans education Summit. All of the 130 in attendance came together to discuss how best to support veterans, military personnel, and family members in higher education. Participants were able to share promising practices, discuss policy concerns and/or institutional barriers to student

success, explore new ideas, and how best to leverage programs and resources available. The event took place on September 14th, 2016 and was hosted by Salt Lake Community College on South City Campus. The event was a great success and the Department is ready to look to next year to hold the event again. 🇺🇸

CONNECTING UTAH'S MILITARY COMMUNITY TO TRANSPORTATION OPTIONS

by Christy Achziger

UtahRideLink.com is a local trip discovery program. The goal of the UtahRideLink.com is to link available transportation services along the Wasatch Front into one site. Here you can plan a trip, see what transportation services you are eligible for and get in contact with transportation providers to book your trip. The website can be used by veterans, active military personnel, their families and friends as well as the general public at no charge.

From public transit to volunteer services to taxis and Uber; this site will help you find a ride. Utah Transit Authority has overseen the development of this project. The funding for the program came from a Veterans Transportation and Community Living Initiative (VTCLI) grant. This funding source was established to help veterans, service members and military families bridge the transportation gap so often

experienced by this community. This initiative assists communities across the country to build or expand the amount of information of local transportation options available by phone or internet.

Go to UtahRideLink.com to see what transportation options are available. You can create an account, fill out your profile to get even more accurate matches with transportation providers. You can save your transportation options for ease of access in the future.

Join us for a special kick-off event just for Veterans on November 15th at the Veterans Job and Resource Fair at South Towne Expo Center from 11am to 3pm. UTA employees will be on hand to visit with you and give live demonstrations of this exciting new transportation tool. 📌



UTAH HOMELESS VETERAN'S STAND DOWN

by Alyson Isaacs

The 2016 Homeless Veterans Stand Down was held on September 10, 2016 from 1 p.m. to 5:00 p.m. The event was held at the Gallivan Center Plaza, 239 South Main Street, Salt Lake City, Utah. Four VBA employees, Daniel Prorok, Coach, Beverly Davis-Hawley, Reva Rowe (all from the VA Regional Veterans Service Center office), and Alan Heal VA Regional Vocational Rehabilitation office), volunteered their services to work a table/booth to provide information on the full range of VBA/VHA benefits to Homeless Veterans.

There were an estimated total of over 10 tables/booths, each with different service providers and exhibitors. VBA Employees spoke with over 23 Homeless Veterans out of the estimated 51 Veterans in attendance. VBA employees also took in 2 new claims and 5 Intent to Files from the SLC Homeless Veterans community.

New contacts were established with people and organizations that provide services to the Homeless Community and their family members. Such contacts are important and critical to the unique nature of this group's outreach programs, and will aid in the establishment of communication and service links to Veterans within Homeless Community and the ability to assist in ending Homelessness of Veterans around the nation.

VHA personnel were very supportive in letting the VA Regional office participate in their booth. They were well organized with the material on VHA Healthcare and VHA Benefits, and provided a lot of brochures to help guide the Homeless Veterans. 🇺🇸



SALT LAKE CITY WOMEN'S VETERANS HEALTH CARE

by Cheryl Kaye

The George E. Wahlen Department of Veterans Affairs Medical Center and associated Community Based Outpatient Clinics (CBOCs) offer comprehensive primary care to female Veterans.

We have designated women's health providers who are interested and proficient in women's healthcare and knowledgeable about women-specific issues, such as birth control, menopause, and fertility. The benefit of seeing a designated women's health provider is that you can receive your general medical care and routine gynecological care (i.e. pap smears) by one provider in one appointment.

If you receive your care at the Medical Center Women's Clinic in Salt Lake, comprehensive services include: primary care, maternity care, specialty gynecological care, women's

pharmacy, nutrition and weight management, genetic counseling, social work, and mental health. This unique clinic has a private and comfortable waiting room, a children's play area, and a committed and knowledgeable team.

If you have questions about the benefits or services VA provides, please contact the Women Veterans Call Center at 1-855-VA-WOMEN (1-855-829-6636).

If you are interested in enrolling in the VA to receive services, please call enrollment at 801-584-2585. 🇺🇸

she
wore
these.

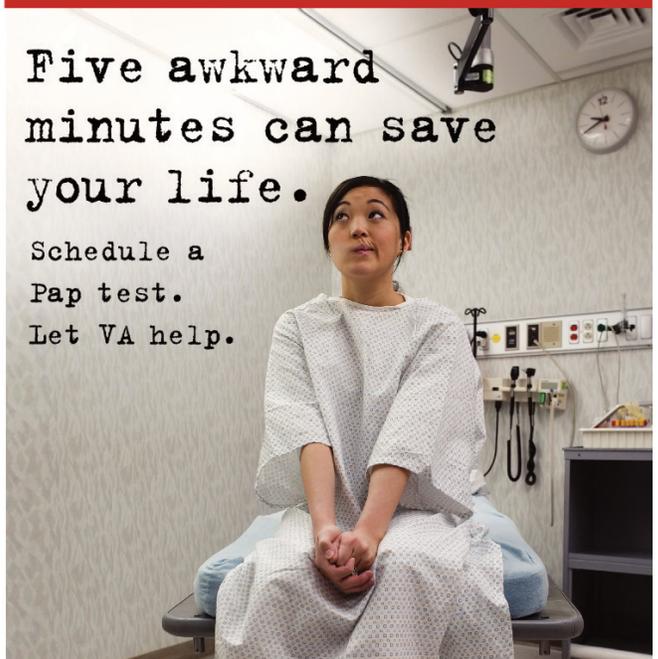
It's **our job** to give **her**
the best care anywhere.



WOMEN VETERANS HEALTH CARE

Five awkward
minutes can save
your life.

Schedule a
Pap test.
Let VA help.





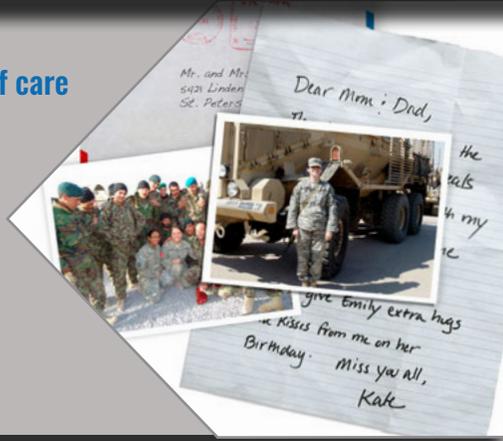
The First All-Womans Veterans' Honor Flight

Honor Flights from across the country bring Veterans to Washington, D.C., several times a week. But Sept. 10, the Honor Flight Columbus organization out of Ohio sent the group's first all-women Veterans' Honor Flight to the nation's capital. While there, 81 women—Veterans of World War II, the Korean War and the Vietnam War—visited their respective monuments.

To read the full article Click Here: <http://www.blogs.va.gov/VAntage/31182/columbus-ohios-first-all-womens-honor-flight-visits-dc-area-war-memorials/>

State of Women Veterans: VA women's health care more proactive in some areas of care than private sector

When Kayla Williams left active duty in 2005 and walked into a VA Medical Center for the first time, she wasn't sure she belonged. She saw few other women, and it didn't feel terribly welcoming. For the next decade or so, she stuck with private sector providers covered by insurance. Last year, she came back into the VA system – and is incredibly glad. To read more go to: <http://www.blogs.va.gov/VAntage/31833/state-of-women-veterans-va-health-care-more-proactive-for-women-in-some-area-of-care-than-many-civilian-facilities/>



10 Things most Veterans don't know about VA home loans

More than 21 million Veterans and Servicemembers live in the U.S. today, but only about 6 percent of them bought a home using a VA home loan in the past five years. That percentage could be much higher.

To read more go to: <http://www.blogs.va.gov/VAntage/31825/ten-things-veterans-dont-know-va-home-loans/>

Hispanic-American Veterans: Embracing, enriching and serving America

As we near the end of Hispanic Heritage Month, we look toward Veterans Day, just over the horizon and remember the significant accomplishments of our Hispanic-American Veterans. It takes a richly woven heritage of cultures and nationalities to keep this country and our armed forces strong.

To read more go to: <http://www.blogs.va.gov/VAntage/31868/hispanic-heritage-month-embracing-enriching-and-enabling-america/>



NATIONAL ASSOCIATION OF STATE VETERAN HOMES

by Todd Hansen

In 2014, Kim Wixon, State Officer at the George Wahlen Veterans Home in Ogden decided that we should compete to bring the summer conference of the National Association of State Veterans Homes to Salt Lake City. He prepared a short promotional video and gave a rousing presentation, and after a contested vote by the membership, Utah was the winner.

Fast forward to 2016, and Utah's veterans homes officers were fully engaged in preparing to host officers and directors of the nation's 156 State Veterans Homes, along with family members who came along to enjoy Salt Lake's unique culture and beauty.

The Grand America was the venue for this annual gathering, and earned high praise for their commodious rooms, excellent meeting halls, fine cuisine and friendly and attentive staff.

The purposes of the annual summer conference are to conduct the business of the organization and to share quality educational programs to help participants become better leaders and managers in their respective veterans homes. Classes were held on leadership, emotional intelligence, pressure ulcers, fall prevention, PTSD and patient satisfaction.

Utah's own Terry Schow gave a valuable presentation on the healthcare needs of rural veterans. Meanwhile, family members were visiting the HAFB Air Museum, Antelope Island, the Aquarium, the Family History Center, Temple Square and the Olympic Park at Park City.

Gary Harter, Executive Director of the UDVMA and Salt Lake Mayor Jackie Biskupski joined Governor Gary Herbert in welcoming the attendees, and all bragged about Utah's four veterans homes all being 5-star facilities. National President Bill Peterson expressed appreciation to all of the Utah team, and

several officers and staff remarked that this was their best national conference ever.

At the final installation banquet, state officers Kim Wixon and Jeff Hanson led a contingent of Utah veterans in a touching and solemn missing man ceremony, a fitting end to a very successful national conference held right in our own backyard. 🇺🇸



THE U TO HONOR VETERANS

by Paul Morgan

The University of Utah will honor eleven Utah veterans at its 19th annual Veterans Day Commemoration Ceremony on Friday, November 11, 2016, in the A. Ray Olpin Union Building. The tribute includes a panel discussion, a 21-cannon salute, an awards ceremony, and a concert.

The panel discussion, "Serving Their Country: The Legacy of Native American Service in the United States Military," begins at 8:30 a.m. and will explore the experiences and insights of four Native American military veterans.

The awards ceremony begins at 11:00 a.m., symbolic of the history of Veterans Day, which originated as Armistice Day to commemorate the armistice that ended World War I on the 11th hour of the 11th day of the 11th month. Selected from nominations received from throughout Utah, the eleven honorees will receive a commemorative medallion onstage at the ceremony. An additional award, the Student Veteran of the Year, will be presented to a current

University of Utah student. The ceremony will conclude with a 21-cannon salute at noon.

The final event, the Veterans Day concert, begins at 7:00 p.m. in the Jon. M. Huntsman Center at the U. This will be the 61st annual Veterans Day concert and will feature the Utah National Guard's, 23rd Army

Band and Granite School District High School Choirs performing an array of patriotic songs. For more information about the concert, call (801)432-4407.

All events are free and open to the public.

For a complete list of honors and events, visit www.veteransday.utah.edu. 🇺🇸



PARTNERSHIPS: BETTER SERVING VETERANS

by Jenifer Morgan

COVER to COVER “Connecting Older Veterans (Especially Rural) to Community Or Veteran Eligible Resources” creates an access point for Veterans to connect to VA and local benefit information in the communities where they live. Many Veterans are not aware of the benefits they can receive from the state or federal Department of Veterans Affairs (VA). Sometimes, instead of looking to the VA for assistance, Veterans seek help from community resources during times of need. Unfortunately, community agencies receive little or no training in VA benefits, making it challenging to get veterans connected to all of their benefit options.

The COVER to COVER program, funded by the VHA Office of Rural Health, is a collaborative effort with the Utah Aging and Disability Resource Connection (ADRC) which helps to expand community agency’s knowledge in VA benefits through extensive training by VA staff. This opportunity allows for agencies to come together to learn more about each other and create partnerships that better serve veteran clients. Utah’s participating COVER to COVER sites, are select Area Agencies on Aging (AAA) and Center for Independent Living (CIL), are now screening callers and asking the question, “Did you or a loved one serve in the military?” Once an agency client is identified as veteran, caregiver or surviving spouse, they can be connected to designated staff to receive more information about VA benefits, public and private programs.

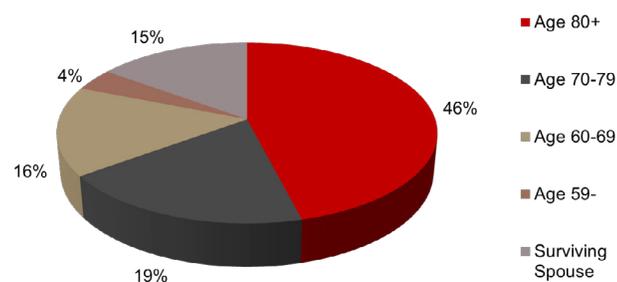


Since the 2013 launch of Utah’s COVER to COVER program, these community agencies have designated well trained staff as, Veteran Benefits Specialist, who work hand in hand with Utah Department of Veteran and Military Affairs Veteran Service Officers to meet with veterans and are working together to fill gaps in services. This innovative approach provides a No Wrong Door experience for veterans, caregivers and surviving spouses. The vital partnership provides service coordination between agencies to support veterans navigating the VA system, the application process and connecting to VA benefits and services that are needed.

More information regarding COVER to COVER at <http://aging.utah.edu/programs/utah-coa/index.php> or email C2C@va.gov

Power of Partnership:

COVER to COVER sites Veteran Clients Served: 2430
April 1, 2013 to June 30, 2016



UTAH GUARD'S FIRST FEMALE GENERAL OFFICER SELECTED TO COMMAND UTAH AIR NATIONAL GUARD

Story by: Maj. Jennifer Eaton, Utah Air National Guard JFHZ/PA

SALT LAKE CITY -- Maj. Gen. Jefferson Burton, Utah National Guard Adjutant General, selected Col. Christine Burckle, Joint Force Headquarters Director of Staff, to assume command of the Utah Air National Guard. Burckle was formally promoted to Brigadier General on Aug. 6 at Roland R. Wright Air National Guard Base.

With this new assignment, Burckle became the Utah Air National Guard's highest-ranking official, as well as the state's first National Guard female general officer and the first woman to serve as Commander of the Utah Air National Guard. Burckle assumed responsibility for the control and operation of plans and programs affecting more than 1,400 Airmen, to include combat readiness and mission capability of the 151st Air Refueling Wing and three tenant units. She is also responsible for working with a wide variety of federal and state authorities in all aspects of operations, personnel, equipment and funding.

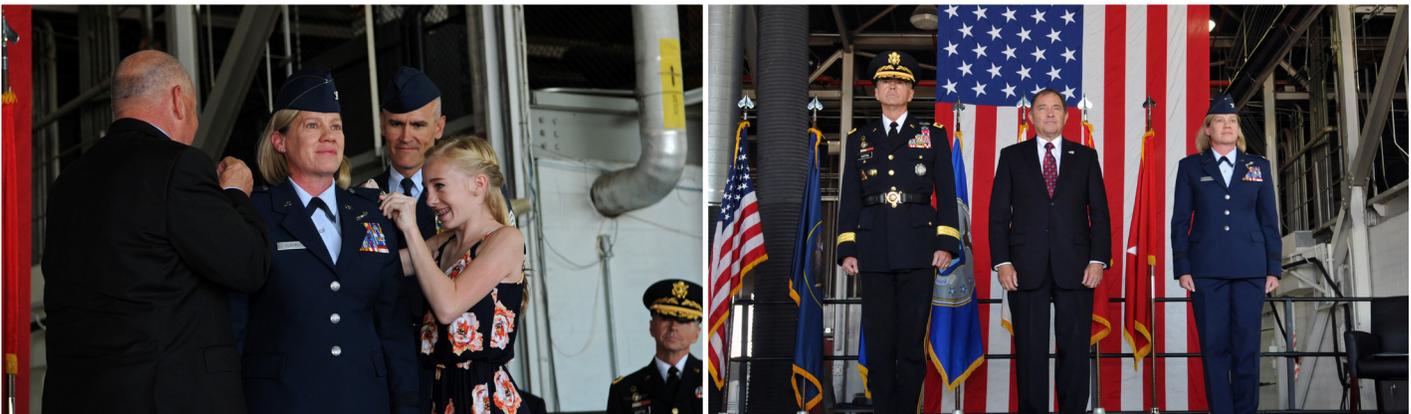
"I'm humbled and honored to have this amazing opportunity to continue to serve with and lead the

men and women of the Utah Air National Guard," said Burckle. "As we celebrate 70 years of excellence, I'm proud to honor our legacy and equally as excited about our future."

Now in her 28th year of military service, Burckle began her Air Force career as a navigator on the KC-135 Stratotanker. Her resume also includes time as the Mission Support Flight Commander, State Human Resources Officer, and 151st Air Refueling Wing Vice Commander.

"Certainly, this change of command is historically significant; however, more important is the fact that Col. Burckle represents one of the most talented, dedicated professionals in our ranks," said Burton. "I have every confidence the men and women of the Utah Air National Guard will continue to perform our critical state and federal missions with masterful skill and precision under her guidance and leadership."

Photos by: Tech. Sgt. Amber Monio & Staff Sgt. Annie Edward 



WOMEN AND CHRONIC PAIN

*by Jill Atwood, Chief Communications Officer
VA Salt Lake City HCS*

Okay. You're in constant pain, so you take a fair amount of meds to help you get through the day. But what if there was a way to get through your day with less drugs, or maybe even no drugs? Would you be willing to give it a try?

If so, the Women's Pain Management Program at the George E. Wahlen VA may be your ticket to a new life.

FEAR FACTOR

"I feared the day I would learn that a patient in my care had accidentally overdosed on prescription opioids," said Jamie Clinton-Lont, a nurse practitioner who serves as Medical Director for Women's Services at Salt Lake City.

"The thought was paralyzing, and it was this fear that fueled the creation of our pain management program for women. I just knew there had to be a better way to help patients battling chronic pain."

The nurse practitioner noted, however, that while several women in her program have weaned themselves off opioids altogether, most are still on pain medication.

"But medications are only one piece of the holistic treatment puzzle," she explained. "That's why our program emphasizes the other puzzle pieces such as mindfulness, healthy lifestyles, and exercise. These pursuits can help you reduce the amount of opioids you're taking by diverting your attention away from the pain and toward healthy, productive activities that make you feel better about yourself, and about life."

Clinton-Lont and a co-worker, Cheryl Kaye, launched the program in 2013. More than 100 women are now participating.

FEELING GOOD

"Our goal is to challenge the patient's comfort zone, to get you focused on feeling good and finding the life you always hoped to live," Clinton-Lont said. "This includes

opening yourself up to new experiences, making and keeping friendships, and trying new activities you might not otherwise try on your own. Yoga, exercise, and meditation are all a part of that."

Participants in the Women's Pain Management Program attend a pain education class once every six months. This is where they learn about the meds they are taking and how to take them correctly.

During this class they also get to choose what type of therapy they want to participate in. There's six options: Trauma Sensitive Yoga, Living Well with Chronic Conditions, Managing Stress, Aquatic Therapy, Mindfulness Meditation, and Cognitive Behavioral Therapy. Everyone gets to switch to a different therapy every few months so they can eventually experience all six.

PERCEPTION IS REALITY

"Cognitive Behavioral Therapy is one of my favorites," said Cheryl Kaye, a clinical pharmacist at Salt Lake City and co-creator of the Women's Pain Management Program. "It teaches patients how to change their unhealthy thoughts and behaviors, thus changing their awareness of pain and helping them develop better coping skills."

The pharmacist said the ultimate goal is to help women learn how to lead a meaningful life despite the presence of pain that never really goes away.

"Pain," she said, "should not be allowed to dominate your life."

Army Veteran Sharon Shiner, 57, agreed: "I found that my pain was no longer just a part of my life," she said. "It was my life. I had quit playing with my grandchildren. I had quit painting. I was getting to the point where I couldn't see what the purpose of life was."

ADJUSTING THE SAILS

Shiner said she suffers from peripheral neuropathy, which

involves damage to the nerves; as well as fibromyalgia, a medical condition characterized by chronic, widespread pain.

“It’s like having the flu,” she said. “Everything aches. And it aches 24 hours-a-day.”

The Army Veteran said the Women’s Pain Management Program has turned her life around.

“They taught me that you have to change your way of thinking,” she said. “You have to look at life differently. You have to learn to live in the moment. They taught me that you can’t control the wind, but you can adjust the sails.”

WEAR AND TEAR

“Life just wears and tears on your body,” observed Army Veteran Donnie James, 64. “I’m a nurse at a long-term care facility, so 40 years of lifting people in and out of bed gets you down after a while. Plus I have diabetes, which doesn’t help.”

James said her favorite part of the Women’s Pain Management Program thus far is the class she’s taking on Living Well with Chronic Conditions.

“They teach you to set a goal and work toward that goal every day,” she explained. But the class helped me focus on what I needed to do: take five minutes, test my blood sugar and eat something that’s good for me before I go to sleep.”

James said she also learned how important it is to slow down a bit.

“I was in a bad cycle,” she admitted. “I’d feel pressure to get all these things done while I was awake. So then I’d overdo it and feel even worse the next day. Now I’ve learned that it’s okay if everything doesn’t get done.”

NOT A BELIEVER

“I thought their chronic pain program was a bunch of crap,” said 37-year-old Miranda McClurg, a Marine Corps Veteran. I didn’t want to do it. I wasn’t a believer. But once I got into the program I realized they weren’t trying to take my pain meds away. They just want to make sure I’m taking them safely.”

McClurg said the source of her pain is the surgery she had

on her spine about eight years ago. She’s been on and off pain killers ever since.

“Right now I’m taking a class called Managing Stress,” she said. “They teach you that you’re in control of your pain, not the other way around. They teach you about deep breathing, and how being active can increase your endorphins. They teach you to be aware of what your stressors are, because stress and depression make your pain feel worse. They teach you how to focus on a place of well-being instead of your pain. This class really turned me around. I look at my pain differently now.”

The Marine Corps Veteran said she was surprised to learn how life’s simple, everyday challenges can actually intensify any pain you might already be experiencing.

“They taught me that a lot of it is mental,” she said. “Money problems, having a fight with your ex, stuff like that. So when I get stressed I’ll just do some deep breathing, or I’ll do my stretching exercises, or I’ll go outside and get some fresh air. Or I’ll go pet my puppy and talk to him.”

To learn more about the Women’s Pain Management Program at the Salt Lake City VA, contact Jamie Clinton-Lont at Jamie.Clinton-Lont@va.gov or give her a call at 801-582-1565, Ex. 2151.

Have a question about VA benefits and services available to you? Contact the Women Veterans Call Center at 1-855.VA.WOMEN or visit them at www.womenshealth.va.gov/WOMENSHEALTH/programoverview/wvcc.asp 



MUSEUM OPENS UTAH AVIATION HALL OF FAME

*75th Air Base Wing Public Affairs
October 20, 2016*

The newly-renovated Utah Aviation Hall of Fame, located at the Hill Aerospace Museum, officially opened to the public at a ribbon-cutting Oct. 14.

The Utah Aviation Hall of Fame, established in 1996 by Governor Mike Leavitt, recognizes individuals in the State of Utah who have distinguished themselves through heroic accomplishments as civil or military aviators, or by fostering exceptionally noteworthy advances in Utah's aviation programs.

The overarching goal of the Utah Aviation Hall of Fame program is to cultivate public awareness and appreciation for the contributions of such worthy individuals to air power, and to encourage the continued development of aviation throughout the state.

The Utah Aviation Hall of Fame has been located at the Hill Aerospace Museum since its inception.

Originally, the recognition area was located in a hallway between the Hadley and Lindquist/Stewart Galleries. In 2014, a location in the Museum became available that would give the Utah Aviation Hall of Fame a more prominent setting near the entrance.

In 2015, the Utah State Legislature appropriated \$150,000 to fund the relocation of the Hall of Fame. Additional funding for the project was provided through a generous gift from The ALSAM Foundation of Salt Lake City.

Each year, near Memorial Day, a new person is inducted at a ceremony held at the museum. The 32nd Flight (Pioneer) of the Order of Daedalians, the National Fraternity of Military Pilots, is the sponsor and custodial agency for the program housed at the Hill Aerospace Museum.

The renovation of the new Utah Aviation Hall of Fame is now complete and can be visited at the Hill Aerospace Museum, 7961 Wardleigh Road, Building 1955, Hill AFB, Utah. You can easily get to the museum by taking Exit 338 off of Interstate 15 in Roy, Utah. 🇺🇸



VETERANS JOB AND RESOURCE FAIR

**HIRING
UTAH'S
HEROES**



For Guard and Reserve Service Members, Active Duty Military Members, Veterans and Military Spouses

Tuesday, November 15, 2016

11:00 a.m. - 3:00 p.m.

South Towne Exposition Center • 9575 S. State Street • Sandy, UT

Employers and Service Providers
must register at
www.jointservicesupport.org/Reg/58S205

Job Seekers Register Today
online at
www.jointservicesupport.org/Reg/10B808

For registration questions, please call Mark Harrison at 801-432-4536.

Job Fair preparation workshops for resumé writing and interviewing skills available at your nearest Workforce Services offices statewide.

FREE
for employers
and job
seekers!

SPONSORED BY THE FOLLOWING AND MANY OTHER LOCAL PARTNERS:





UTAH STATE PARKS CELEBRATION

State Parks Military Appreciation Day was held on 13 August 2016 across Utah. This second annual event included a multitude of activities from fun runs to ceremonies to no-cost fishing to gear demonstrations and many others. All who have ever served in the military get into any state park at no cost on that day, as well as those travelling in the same vehicle. Next year the Military Appreciation Day will be held on 12 August 2017. Stay tuned for an activities list as the event draws closer. 🇺🇸



VETERANS' SURVEY

In the near future, the Utah Department of Veterans and Military Affairs will open up a veterans' survey to better understand the make-up of veterans who live in Utah and their needs both today and into the future. This will assist us in having the right resources available at the right time. The survey will be available both on-line at veterans.utah.gov and by hard copy. We will send out additional information when the survey is available. 🇺🇸



VETERANS' IN CRISIS.

The George E. Wahlen VA Medical Center recently instituted a more direct way for veterans in crisis to reach assistance. Previously, veterans needed to call the hospital and were directed to hang up and call a different number, now they can call the hospital at 801-582-1565 and then just press “7.” Veterans or family members may also call the National Crisis Line at 800-273-8255 and press “1.”



UTAH COMMISSION ON VETERANS AND MILITARY AFFAIRS.

The 23-member Commission meets monthly from April to December and is comprised of representatives from the Legislature, Executive Branch, academia, veterans organizations, VA, business community, defense partners and advocates. This year the commission has had discussions relative to veterans’ hiring preference, Interstate Compact on Educational Opportunity for Military Children, CHOICE Program, PTSD, effects of multiple deployments on service members and families, college veterans’ centers, veteran benefit disclosures and updates from the Department of Veterans and Military Affairs, Air Guard and Utah National Guard. The next meeting is 29 November 2016 and is open to the public. Additional information can be found at le.utah.gov.

FREQUENTLY ASKED QUESTIONS

HOW DO I GET A COPY OF MY DD214 RELEASE FROM ACTIVE DUTY SERVICE DOCUMENT?)

If your home of record upon your release from active duty service was within the State of Utah, then the Utah Department of Veterans and Military Affairs may have a copy in our archive. You can send a request to 550 Foothill Drive, Suite 105 Salt Lake City, Utah 84113; call 800-894-9497 or 801-326-2372; or you can email veterans@utah.gov.

To search the archive we will need your:

- Full Name
- Date of Birth
- Last four digits of your Social Security Number

There is no cost for certified copies of your DD214. You will need to be present and present valid photo identification at 550 Foothill Drive, Suite 105, Salt Lake City, Utah 84113 to receive your certified copies.

WHAT IS HOUSEBOUND AID AND ATTENDANCE?

Veterans who are nursing home patients, otherwiseterminedbyVeteransAdministration to need regular Aid and Attendance of another person, or who are permanently housebound may be qualified for higher income limitations or additional VA benefits, depending upon the type of VA Pension.

Additional information and assistance in applying to the Aid and Attendance benefit may be obtained by calling 800-827-1000.

Applications may be submitted online at <http://vabenefits.vba.va.gov/vonapp/main.asp>.

Information is also available on the internet at www.va.gov or you can work with an accredited service representative:

- Utah Department of Veterans and Military Affairs (801) 326-2372
- American Legion (801) 326-2380
- Disabled American Veterans (DAV) (801) 326-2375
- Veterans of Foreign Wars (VFW) (801) 326-2385
- Military Order of the Purple Heart (801) 326-2471

WILL THE VETERANS ADMINISTRATION PROVIDE ME AN ATTORNEY?

The Utah Veterans Legal Clinic is held on the 2nd Thursday of each Month from 5:30 PM to 7:30 PM at the George E Wahlen VA Medical Center, Bldg. 8 Multipurpose Center. You can talk to an attorney at no cost.

Information is also available on the internet at www.veterans.utah.gov or you can work with an accredited service representative listed above. 🇺🇸

**WE SERVE THE VETERANS WHO
HAVE SERVED AMERICA**



ZIONS BANK
MILITARY BANKING



In the field you served with loyalty, honesty and commitment. You should expect the same from your bank. Zions Bank is proud to offer value-added military banking products and services. It's our way of saying Thank You for the amazing service you provided to our country.

For more information, visit any Zions Bank financial center; call Military Banking Customer Service at **888-673-3380**; Military Lending at **800-510-4598**; or visit [zionsbank.com/military](https://www.zionsbank.com/military).

ZIONS BANK

WE HAVEN'T FORGOTTEN WHO KEEPS US IN BUSINESS®

Follow us on



[zionsbank.com](https://www.zionsbank.com)®

Member FDIC  Equal Housing Lender

Veterans Day Events Throughout Utah

NOV 7

Honoring 15 Years of Post 9/11 Utah Military Service
10:00 am - 7:00 pm
@ SLCC Taylorsville Campus, Student Center

NOV 8

Honoring our Vietnam Veterans
10:00 am - 8:00 pm - Photo Gallery
4:00 - 6:00 pm - Veteran Service Providers Fair
6:30 - 8:30 - Honoring Vietnam Veterans Program
@ SLCC Taylorsville Redwood Rd Campus, Student Center

NOV 10

William E. Christoffersen Salt Lake Veterans Home Veterans Day Ceremony and Open House
10:00 am @ WECSLVH, 700 Foothill Dr, Salt Lake City, UT 84148

NOV 11

BYU Wreath Laying Ceremony Friday - 11 November • 0830 @ Wilkinson Center Memorial Hall 155 east 1230 north Provo, UT

Weber State University, Davis Campus, Veterans Day Observance Friday - 11 November • 0845 Luncheon at 1200 @ 2750 University Park Blvd. Layton, UT

Survival Bracelet and Thank You card event - 11 November • 0900 - 1200 @ West Jordan City Hall

Sun River St. George Veterans Day Event 0900-1000
@ SunRiver St. George, 1390 Morane Manor Dr, St George, UT 84790

BYU Presidential Review & Patriots Award Ceremony Friday - 11 November • 0900 @ Brigham Square BYU
Patriots Award Honoree: Elder Lance B. Wickman, Emeritus General Authority Seventy and Church General Counsel, please RSVP at <http://marriottschool.byu.edu/event/patriotsweek2016>

Timpview High Veterans Day Tribute November 11th • 1000
@ Timpview High School 3570 Timpview Drive, Provo, UT 84604

Ogden Veterans Day Ceremony at "The place of Remembrance" Friday - 11 November • 1111
@ Ogden City Cemetery

Layton City Veterans Day Remembrance Friday - 11 November • 1100 - 1230
663 N Church Street Layton, UT (Central Davis Jr. High School Gym)

Utah Valley University Friday - 11 November • 1100 - 1230
@ Regan Theater, UVU
Southern Utah University Veterans day ceremony 1100-1200 @ Southern Utah University, Great Hall of the Hunter Conference Center 351 W University Blvd, Cedar City, UT 84720

George E Wahlen Ogden Veterans Home Veterans Day Event Friday – 11 November • 1100
@ 1102 1200 W St, Ogden, UT

Magna Veterans Day Parade Friday – 11 November • 1100 @3100 s 8400 w, Magna, UT

Washington County Veterans day parade 1111-1330 @ Washington City Community Center, 350 Community Center Drive, Washington, UT 84780

Dixie State University Veterans flag display dedication 1200-1300 @ Dixie State University, 225 S 700 E, St George, UT 84770

U of U Veterans Day Commemoration Friday - 11 • 1100
@ The University of Utah in the Union Ballroom, Student Union Bldg

Central Utah Veterans Home Veterans Day Event Friday – 11 November • 1400 @1551 N Main Street, Payson, UT

Riverton Veterans Day Program Friday – 11 November • 1100 @12830 s Redwood Road, Riverton, UT

Tooele City Veterans Day Program Friday – 11 November • 1100 @Dow James Building 438 W. 400 N., Tooele, UT

Southern Utah Veterans Home Veterans day program Thursday – 10 November • 1330-1530
@ Southern Utah Veterans Home - Ivins, 160 N 200 E, Ivins, UT 84738

SUU Veterans day Banquet 1700-1800
@ Southern Utah University, Great Hall of the Hunter Conference Center 351 W University Blvd, Cedar City, UT 84720

Utah National Guard - 61st Annual Veterans Day Concert Friday - 11 November • 1900 Utah National Guard 23 Army Band @ Huntsman Center, University of Utah

NOV 12

Northern Utah Veterans Parade Saturday – 12 November • 0900 @ 32nd Street & Washington Blvd, Ogden, UT

3rd Annual Veterans Day 5k Fun Run Saturday – 12 November • 0930 @ Southern Utah Veterans Home, 160 N 200 E, Ivins, UT

Dixie State University Football Halftime Veterans Ceremony Saturday – 12 November • 1300 @ Hansen Stadium St. George, UT

Veterans Dinner/ Dance Saturday – 12 November • 1800
@ Eagles Lodge, Ogden, UT
\$15 per person for dinner/ dance
\$10 for dance only
For tickets call Barbara Beck 801-866-9663 



A Veterans Service Officer (VSO) is scheduled to be at the location on the day and time indicated. Be advised that unforeseen events may cause the VSO to cancel or change a visit. Please verify this by calling the Utah Department of Veterans and Military Affairs (UDVMA) at 801-326-2372 or by visiting the UDVMA website: <http://veterans.utah.gov/outreach-calendar/>.

November 2016

Mon	Tue	Wed	Thu
	1 <ul style="list-style-type: none"> • Price 1000 – 1500 • Cedar City 0900 - 1400 	2 <ul style="list-style-type: none"> • Ogden DWS 0800 - 1000 • Provo Vet Cntr 0830 - 1500 • Payson 0900- 1500 • Farmington 11:30 - 1230 • Manti 1200 - 1330 • Clearfield 1300 - 1400 	3 <ul style="list-style-type: none"> • Logan 0800 - 1000 • Fillmore 0900 - 1000 • Ogden 1100 – 1600 • Delta 1400 - 1600
7 <ul style="list-style-type: none"> • Payson 0900 - 1600 	8 <ul style="list-style-type: none"> • Ivins 0900 – 1500 • Roosevelt 1000 – 1430 	9 <ul style="list-style-type: none"> • Payson 0900 – 1500 • Provo Vet Ctr. 0830 – 1000 • Ivans 0900 - 1500 • Richfield 0930 - 1130 	10 <ul style="list-style-type: none"> • Ogden WWH 0800 – 1600 (appt. required) • St George 0900 - 1300
14 <ul style="list-style-type: none"> • Payson 0800 - 1600 • Beaver 0900 - 1000 • Panguitch 1130 - 1230 • Kanab 1400 - 1500 	15 <ul style="list-style-type: none"> • Ivins 0900 - 1500 • Price 1000 – 1500 	16 <ul style="list-style-type: none"> • Ogden DWS 0800 - 1100 • Provo vet cntr 0830 - 1500 • Ivins 0900 - 1500 • Payson Veterans Home 0900 – 1500 • Farmington 1130 – 1230 • Clearfield 1300 – 1400 	17 <ul style="list-style-type: none"> • Logan 0800 - 1000 • Ogden Veterans Home 1100 - 1600 • St. George 0900 – 1400 • Fillmore 0900 - 1100 • Delta 0900 - 1100
21 <ul style="list-style-type: none"> • Payson 0800 - 1600 • Ivins 0900 - 1500 	22 <ul style="list-style-type: none"> • Cedar City 0900 - 1400 	23 <ul style="list-style-type: none"> • Provo Vet Center 0830 - 1500 • Payson Veterans Home 0900 – 1500 (appt. required) • Richfield 0930 - 1130 	24
28 <ul style="list-style-type: none"> • Payson 0900 - 1600 	29	30 <ul style="list-style-type: none"> • Ogden 0800 - 1000 • Provo vet cntr 0830 • Farmington 1130 - 1230 • Clearfield DWS 1300 - 1530 	

Addresses per location are listed on pages 16 and 17...

Outreach Calendar Continued...



A Veterans Service Officer (VSO) is scheduled to be at the location on the day and time indicated. Be advised that unforeseen events may cause the VSO to cancel or change a visit. Please verify this by calling the Utah Department of Veterans and Military Affairs (UDVMA) at 801-326-2372 or by visiting the UDVMA website: <http://veterans.utah.gov/outreach-calendar/>.

December 2016

Mon	Tue	Wed	Thu
			1 <ul style="list-style-type: none"> • Logan 0800 - 1000 • St. George 0900 - 1400 • Fillmore 0900 - 1100 • Ogden 1100 - 1600 • Delta 1400 - 1600
5 <ul style="list-style-type: none"> • Payson 0900 	6 <ul style="list-style-type: none"> • Cedar City 0900 - 1400 • Price 1000 - 1500 	7 <ul style="list-style-type: none"> • Ogden DWS 0800 - 1000 • Provo vet ctr 0830 - 1500 • Payson 0900 - 1500 • Richfield 0930 - 1130 • DWS Manti 1000 - 1400 • Farmington 1130 - 1230 • Clearfield 1300 - 1530 	8 <ul style="list-style-type: none"> • Ogden WVH 0800 - 1600 (appt. required) • Ivins 0900 - 01500
12 <ul style="list-style-type: none"> • Payson 0800 - 1600 • Ivins 0900 - 1500 • Beaver 0900 - 1000 • Panguitch 1130 - 1230 • Kanab 1400 - 1600 	13 <ul style="list-style-type: none"> • Ivins 0900 - 1500 • Roosevelt 1000 - 1430 	14 <ul style="list-style-type: none"> • Provo Vet Cntr 0830 - 1500 • Payson 0900 - 1500 	15 <ul style="list-style-type: none"> • Logan 0800 - 1000 • St. George 0900 - 1400 • Fillmore 0900 - 1100 • Ogden Veterans Home 1100 - 1600 • Delta 1400 - 1600
19 <ul style="list-style-type: none"> • Payson 0900 - 1600 • Ivins 0900 - 1500 	20 <ul style="list-style-type: none"> • Cedar City 0900 - 1300 • Price 1000 - 1500 	21 <ul style="list-style-type: none"> • Ogden DWS 0800 - 1100 • Provo vet cntr 0830 - 1500 • Payson Veterans Home 0900 - 1500 (appt. required) • Richfield 0930 - 1030 • Farmington 1130 - 1230 • Clearfield 1300 - 1400 	22 <ul style="list-style-type: none"> • Ogden WVH 0800 - 1600 (appt. required)
26	27	28 <ul style="list-style-type: none"> • Provo Vet Cntr 0830 - 1500 • Payson 0900 - 1500 	29

ADDRESSES:

- Beaver (875 North Main St.)
- Cedar City (176 East 2nd North)
- Clearfield (1290 East 1450 South)
- Farmington (28 East State St.)

- Fillmore (75 West Center St.)
- Hill AFB (RAO, Building 430)
- Kanab (468 East 300 South)
- Logan (180 North 100 West)
- Ogden DWS (480 27th Street)

- Ogden Wahlen Veterans Home (1102 North 1200 West)
- Panguitch (665 North Main St.)
- Price (475 West Price River Dr.)
- Provo Courthouse (51 South

- University Ave.)
- Provo Vet Center (1807 N. 1120 W.)
- Richfield (115 East 100 South)
- Roosevelt (140 West 425 South)
- St. George (162 North 200 East)

The George E. Wahlen Ogden Veterans Home, the Central Utah Veterans Home – Payson, and the Southern Utah Veterans Home – Ivins require appointments. Call:

Wahlen: 801-326-2372
 Ivins: 435-634-5220
 Payson: 801-465-5400

January 2017

Mon	Tue	Wed	Thu
2 • Payson 0900 - 1600 • Cedar City 0900 - 1400 • Panguitch 11300 - 1230	3 • Price 1000 – 1500	4 • Ogden DWS 0800 - 1000 • Provo 0830 - 1600 • Payson 0900- 1500 • Richfield 0930 - 1130 • Farmington 11:30 - 1230 • Manti 1200 - 1330 • Clearfield 1300 - 1400	5 • Logan 0800 - 1000 • Fillmore 0900 - 1100 • Ogden 1100 – 1600 • Delta 1400 -1600
9 • Payson 0900 - 1600 • Beaver 0900 - 1600 • Panguitch 1130 - 1230 • Kanab 1400 - 1500	10 • Roosevelt 1000 – 1430	11 • Payson 0900 – 1500 • Provo Vet Ctr. 0830 – 1000 • Richfield 0930 - 1130	12 • Ogden WWH 0800 – 1600 (appt. required) • St. George 0900 – 1400
16 • Payson 0800 - 1600 • Ivins 0900 - 1500	17 • Price 1000 – 1500	18 • Ogden DWS 0800 - 1100 • Provo 0830 - 1500 • Payson Veterans Home 0900 – 1500 • Richfield 0930 - 1130 • Farmington 1130 – 1230 • Clearfield 1300 – 1400	19 • Logan 0800 - 1000 • St. George 0900 – 1400 • Fillmore 0900 -1100 • Ogden Veterans Home 1100 - 1600 • Delta 1400 - 1600
23 • Payson 0800 - 1600	24 • Cedar City 0900 - 1400	25 • Provo Vet Center 0830 - 1500 • Payson Veterans Home 0900 – 1500 (appt. required)	26 • Ogden VH 0800 - 1600 • Cedar City 0900 - 1400
30 • Payson 0900 - 1600	31		



THE UTAH

VETERANS VOICE

A PUBLICATION OF THE UTAH DEPARTMENT OF VETERANS & MILITARY AFFAIRS
550 Foothill Drive, Suite 105 - Salt Lake City, UT 84113
(801) 326-2372

VETERANS.UTAH.GOV

Cory Pearson, Editor - corypearson@utah.gov
Nina J Alvarez, Designer - nalvarez@utah.gov

Presorted Standard
US Postage
PAID
SLC, UT
Permit # 4621

WORLD WAR II/KOREAN WAR • VIETNAM WAR • COLD WAR/PEACETIME • GULF WAR/OIF/OEF • FAMILY



CONTACT INFORMATION

Utah Department of Veterans and Military Affairs
550 Foothill Drive, Suite 105
Salt Lake City, Utah 84113
(801) 326-2372
<http://veterans.utah.gov>

U.S. Department of Veterans Affairs
Regional Benefits Office
550 Foothill Drive, Suite 200
Salt Lake City, Utah 84113
1 (800) 827-1000

VA Salt Lake City Health Care System
George E. Wahlen Veterans Affairs Medical Center
500 Foothill Drive
Salt Lake City, Utah 84113
(801) 582-1565
<http://www.saltlakecity.va.gov>

American Legion Service Office
550 Foothill Drive, Suite 105
Salt Lake City, Utah 84113
(801) 326-2380

Disabled American Veterans (DAV)
550 Foothill Drive, Suite 105
Salt Lake City, Utah 84113
(801) 326-2375

Military Order of the Purple Heart (MOPH)
550 Foothill Drive, Suite 105
Salt Lake City, Utah 84113
(801) 326-2471

Veterans of Foreign Wars (VFW)
550 Foothill Drive, Suite 105
Salt Lake City, Utah 84113
(801) 326-2385

Employer Support of the Guard and Reserve
12953 South Minuteman Drive
Draper, Utah 84020
(801) 432-4536

Utah National Guard
Bart Davis, Transition Assistance
12953 South Minuteman Drive
Draper, Utah 84020
(801) 432-4937

U.S. Department of Labor
Veterans Employment and Training Service
140 East 200 South, Suite 209
Salt Lake City, Utah 84111
(801) 524-5703